



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER  
SIR WILFRID LAURIER SCHOOL BOARD

# Hockey Programs at Laval Junior Academy & Laval Senior Academy



## Concentration Hockey Program

- Recreational hockey for single letter and double letter players
- Coached by Physical Education teachers and external coaches
- No academic prerequisites, open to all students
- Regular 4-period academic schedule on a 9-day cycle
- 4 to 6 hockey periods per 9 days (1 or 2 ice sessions per week)
- Cost: \$500 (payment made to Laval Junior Academy or Laval Senior Academy)
- 8 to 14 games in regional leagues (RSEQ)



## Escadron hockey development program

- Elite hockey for M13, M15 and M18 double and triple letters categories
- Developed by Escadron coaching staff
- Prerequisites: athletic and on-ice tryouts, selection, overall average of at least 70%
- Reduced 3-period academic schedule on a 9-day cycle
- Academic regular or enriched path are available
- Every 4<sup>th</sup> period, students are involved in hockey-related activities (each week, 4 ice sessions and 1 off-ice session)
- Cost: \$3,495 (payment made to Escadron)
- 28 to 36 games in regional or provincial leagues (RSEQ), Division 1 or 2
- Provincial championships



## Sport-études Hockey Program

- Elite hockey for triple letter players
- Coached by Hockey Québec and/or Hockey Laval coaches
- Prerequisites: students must be identified as *Espoir*, *Relève* or *Élite* players by the sports federation/association and have an overall average of at least 70%
- Reduced 3-period academic schedule on a 9-day cycle
- Academic regular or enriched path are available
- Every 4<sup>th</sup> period, students are involved in hockey-related activities (each week, 3 ice sessions and 2 off-ice sessions)
- Cost: \$4,000-\$10,000 (payment made to the sports federation/association)
- 40+ games in addition to provincial championships

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